



DONNA BROGAN, RDH, BS

Donna Brogan is a graduate and former faculty member of the University of Oklahoma Dental Hygiene Program.

She serves as President for the Oklahoma University College of Dentistry Alumni Association, is a Trustee for the J. Dean Robertson Society, and Vice President for Variety Care Foundation, a non-profit healthcare provider.

Donna has held numerous positions in the Oklahoma Dental Hygienists' Association and is a proud member of the American Dental Hygienists' Association.

An educational consultant for 20 years, she has presented a wide range of topics to audiences throughout the world and online, and has written for such publications as RDH, Journal of Practical Hygiene, Contemporary Oral Hygiene, and the Women's Dentist Journal.



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FluoroDose

GREAT-TASTING FLUORIDE TREATMENT GOES ON SMOOTHLY WITHOUT CLUMPING FOR HAPPIER PATIENTS



Donna Brogan's patients were resistant to fluoride varnish application because they didn't like the gritty way it felt on their teeth. Other varnishes she had used would clump on the brush or on the patient's teeth and give off unpleasant tastes and smells. Here, she explains why FluoroDose from Centrix has been a win-win during treatment.

Before we found FluoroDose, patients would try to get out of having a fluoride varnish application. Whenever we prescribed a varnish treatment, they grumbled and said they didn't like the way it felt on their teeth after their last appointment. Fortunately, all the hygienists at our office are great at educating patients on the benefits of fluoride varnish, so they trusted us when we told them that FluoroDose would help them fight decay and would feel different than the other varnish they remembered. Immediately after application, they could feel the difference and would make comments about it being much smoother than the other varnish.

Other varnish brands I've tried—and I try every product that comes to my attention—would clump on the brush. I would have to apply the fluoride in a specific order to keep the brush from getting saliva on it, or else it'd be a clumpy mess. Patients also complained that the varnish didn't taste good, smelled like chemicals, or felt sticky and clumpy on their teeth. On some patients, you could even see it in their smile line after application. Both adults and kids had issues with flavors, but not anymore. FluoroDose's 5 flavors smell and taste great, and patients sometimes even remember which flavor to ask for at their next appointment.

Guilt-Free Application

I can apply FluoroDose sitting or standing up, and don't need to dry the teeth. I tell patients to swallow well and look up to the ceiling so I can swipe

the maxillary lingual. Then, I tell them to look down while I swipe the mandibular lingual, and lastly, to close and look straight ahead while I retract the cheeks and swipe the left facial and right facial. The whole process from start to finish takes less than 40 seconds. Because we purchase FluoroDose in a 600-pack, each unit-dose costs less than a dollar.

Since switching to FluoroDose, I don't feel guilty about applying varnish. I always believed in the benefits of fluoride varnish, but I also knew very well that it didn't taste good and wouldn't feel good for patients the rest of the day. It's not good business to send a patient out into the world not liking the way their teeth feel after a prophylaxis. I want my patients to have enough confidence in me and in their teeth that they tell everyone which office they go to. FluoroDose is a big part of the oral health puzzle for our patients.

